

FAST Nordic 2012

Girls Start First in 2012

December 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	28 Practice	29 Practice	30 Practice	1 Practice Weight Room	2 Practice Equipment Night	3
4	5 Practice	6 Practice	7 Practice	8 Practice Weight Room	9 Practice	10
11	12 Practice	13 Practice	14 Practice	15 Practice Weight Room	16 Practice	17
18	19 Practice	20 Practice	21 Practice Vacation	22 Practice Weight Room Vacation	23 Vacation	24 Christmas Vacation
25 Vacation	26 Vacation	27 Practice 2:00 Vacation	28 Practice 2:00 Vacation	29 Practice 2:00 Vacation	30 Practice 2:00 Vacation	31 New Years Eve

January 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Years Vacation	2 Highland Ctr Vacation	3 Highland Ctr Vacation	4 Libby Hill Skate:Full WMC Vacation	5 CCC Race: Starks Vacation	6 Practice 2:00 Vacation	7 Telstar Relays Skate: 10:00 Vacation
8 Vacation	9 Practice	10 Practice	11 Pineland Classic Part WMC - 3:30	12 Practice CCC Race: Starks	13 Practice	14
15 Vacation	16 MLK Day Stark's Classic Full WMC - 10:30	17 Practice	18 Practice	19 Practice	20 Practice	21 Jackson 30k Classic 9:30
22	23 Practice	24 Practice	25 Riverside Skate Part WMC - 3:30	26 Practice	27 Practice	28 Black Mtn. Sassi - J2 Qual. Classic 11:00
29	30 Practice	31 Practice				

February 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Stark's Skate Full WMC - 3:30	2 Practice	3 Practice	4
5	6 Practice	7 Practice	8 WMCC Libby Hill Skate - 2:00	9 Practice Alpine WMCC	10 Practice Alpine Raindate	11 WMCC Stark's Hill Classic - 10:00
12	13 Practice WMCC Raindate	14 Practice	15 Jackson Practice 2:00	16 Practice	17 Practice	18 MJSC States Vacation
19 Vacation	20 Vacation	21 Vacation	22 STATES BLACK MT. Classic - 1:30	23 STATES BLACK MT. Skate - 3:00	24 Class A Slalom Vacation	25 Vacation
26 Vacation	27	28	29			

March 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 EHSC Qual. Titcomb Mtn. 10:00 Pursuit
4	5	6	7	8	9 J2 Championships Black Mtn, ME	10 J2 Championships Black Mtn, ME
11 J2 Championships Black Mtn, ME	12	13	14	15	16 EHSC's Mountain Top, VT	17 EHSC's Mountain Top, VT
18 EHSC's Mountain Top, VT	19	20	21	22	23	24
25	26	27	28	29	30	31

*WMCC = Western Maine Conference Championships

*EHSC = Eastern High School Championships